David Ballou 13 week practice routine

	Week 1	Week 2	Week 3	Week 4	Week 5	Week 6	Week 7	Week 8	Week 9	Week 10	Week 11	Week 12	Week 13
Earl Irons	#1-4	#5-7	#8-10	#11-13	#14-16	#17-19	#20-22	#23-24	#6-8,21&22	#6-8,21&22	#6-8,21&22	#6-8,21&22	#6-8,21&22
Clark Technical Studies	#1 Odd	#2 Odd	#3 Odd	#4 Odd	#5 Odd	#6 Odd	#7 to 150	#1 Even	#2 Even	#3 Even	#4 Even	#5 Even	#6 Even
	a. Slur	a. Slur	a. Slur	a. Slur	a. Slur	a. Slur	a. Slur	a. Slur	a. Slur	a. Slur	a. Slur	a. Slur	a. Slur
	b. Tongue	b. Tongue	b. Tongue	b. Tongue	b. Tongue	b. Tongue	b. Tongue	b. Tongue	b. Tongue	b. Tongue	b. Tongue	b. Tongue	b. Tongue
Schlossberg Daily Drills	p.6 #21	#22	#23	#24	#25	p. 7 #26	#27	#28	#29	p.8 #30	#31	#31	#32
	p.11 #37	#38	#37	#40	#40	#42	#43	p.12 #44	#45	#46	#47	#47	#48
	p.24 #75	#76	p.25 #77	#78	#78	#80	p.26 #81	p. 27 #85	#87	#88	#91	#95	#97
Flexus	p.13 #1	p. 14 #2	p.15 #3	P.15 #4	p.16 #5	p. 16 #5 & 6	p.16 #7	p.17 #8	p. 17 #9	p. 17 #10			
	p. 18 #1 & 2	p. 19 #3 & 4	p.20 #5 & 6	p.21 #7 & 8	p. 22 #9 & 10	p. 24& 25 #1	p. 25 #2	p.26 #3	p.26 #4	p.26 #5	#6	#7	
	p.54&55 #1	p.54&55 #1	p.54&55 #1	p.54&55 #1	p.54&55 #1	p.60	p.62	p.64	p.66 #4	p.66 #5	p.68 #6	p.69 #7	p.70 #8
	p. 56 #2 & 3	p. 56 #2 & 3	p. 56 #2 & 3	p. 56 #2 & 3	p. 56 #2 & 3	p.72 #11	p.72 #11	p.72 #11	p.72 #11	p.72 #11	p.72 #11	p.72 #11	p.72 #11
	p.57 #4	p.57 #4	p.57 #4	p.57 #4	p.57 #4	p.57 #4	p.57 #4	p.57 #4	p.57 #4	p.57 #4			
	p.58 #5	p.58 #5	p.58 #5	p.58 #5	p.58 #5	p.58 #5	p.58 #5	p.58 #5	p.58 #5	p.58 #5			
Scales	C	F	G	Db	D	Ab	A	Eb	E	Bb	F#	B	All
2 octaves & arpeggios													
Arbans Charateristic St.	#1	#2	#3	#4	#5	#6	#7	#8	#9	#10	#11	#12	#13
Improvisation 15 min.													
Harmonic studies													
Tunes													